

# FOUNDER / CEO COACHING WITH

*mamie*



## DOES \*ANY\* OF THIS SOUND FAMILIAR?

- You've grown your business and are trying to figure out how to evolve your role so you can spend more time doing things you love, like being with family, vacationing or starting a new business.
- You've added (or need to add) new infrastructure like a management team and standard processes in order to handle the growth you've experienced.
- You are stressed out by having a full plate yourself while also managing others. You try to delegate but it doesn't always work out.
- You love what you. You're proud of the company you've built. Now you're read to take your leadership to the next level.

I get it! It's time to transform your role and work in new ways, enabling your business to thrive while you enjoy some newfound time and energy.

## NOW IMAGINE...

- Clarifying your ideal role and what matters most to you.
- Understanding your managerial and leadership strengths and preferences, and how to leverage them.
- Knowing how to work around your growth edges while stretching yourself.
- Strengthening relationships with your team members in order to better support them to do their best work.
- Implementing strategies to support your ability to prioritize, delegate, plan and achieve your goals.
- Having more time and energy to focus on things you care about most.

# FOUNDER / CEO COACHING WITH

*mamie*



## Listen to those who have experienced it!

“Mamie's unique approach to management has made me realize the rewards of putting my team first. Her tremendous moral values guide her coaching and in turn have helped me create a company that is truly a good place to work for my employees. She is also creative and strategic. For example, **her suggestion to recruit a former client to become my Client Relations Manager was pure genius--not only did I save money but I also ended up with a better service.** Mamie has a calming, knowledgeable disposition and is excellent at coaching me through crises as well as helping me break down goals into manageable tasks. I can't recommend Mamie highly enough!”

--- Joie J.H.

“I can't say enough about how awesome Mamie is as a person to work with—she's a very human and understanding leader who cares about the people she works with and genuinely finds joy in helping people succeed.

**She was whip-smart at analyzing the issues I was facing** and breaking down my brain-dump and stories into concise issues, repeating them back to me, and then offering actionable approaches to the matter at hand, as well as some rules of thumb to help in other situations. I'm really grateful for Mamie's coaching and highly recommend it!”

--- Samantha C.

# MANAGER & TEAM LEADER COACHING WITH

*mamie*



## Coaching Plans

**MONTHLY  
\$600\***

60-minute phone or video call with Mamie once per month

**BI-WEEKLY  
\$1000\***

60-minute phone or video call with Mamie every other week

**WEEKLY  
\$1,800\***

60-minute phone or video call with Mamie every week

### ALL COACHING PLANS INCLUDE:

- A brief recap email highlighting our conversation.
- Unlimited email support - responses within 24 hours.
- Suggested additional resources e.g. articles, podcasts, videos, worksheets.

\*All prices are per month

\*A 3-month minimum commitment is required for all new coaching packages.

\*After the first 3 months, clients may continue paying monthly or may purchase 3+ months up front at a 10% discount.

Learn more and get started at [www.mamieks.com/coaching](http://www.mamieks.com/coaching)