

# COACHING WITH *mamie*



Be a **MODERN MANAGER** with a thriving team.

## DOES \*ANY\* OF THIS SOUND FAMILIAR?

- You are stressed out by having a full plate yourself while also managing others.
- You're tired of feeling like you haven't quite figured out this whole boss thing yet, even after years of being a manager.
- You're new to managing a team and want to get on the right path early.
- You want to be a great manager and have a team you love working with.

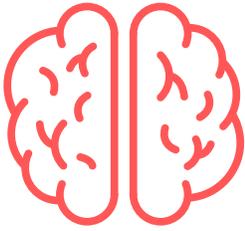
I get it! With a learning mindset and the right support, you can grow into the fabulous leader you're meant to be.

## COACHING CAN (HELP) GET YOU THERE!

There is great value in having someone in your life whose primary focus is helping you grow and achieve your goals. Imagine...

- Leading your team with more confidence and less frustration.
- Understanding your managerial and leadership strengths and preferences, and how to leverage them.
- Using approaches to work around weaknesses (yes, we all have them and even though we can reduce them, they'll probably never fully go away.)
- Strengthening relationships with your direct reports in order to better support them to do their best work.
- Implementing strategies to support your ability to prioritize, delegate, plan and achieve your goals.

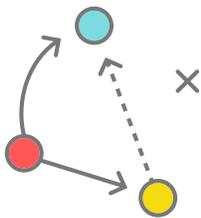
## Get to Know Your Unique Self



We'll start by gaining a shared understanding of your personality, preferences and drive.

These assessments will help me better serve you and help you better know yourself.

## Craft a Vision and Plan



You'll articulate a vision for your future self so we're both clear on what success looks like. We'll identify the habits, skills and mindset shifts most important to accomplishing your goals.

## 45 Minute Private Coaching Sessions



These private coaching sessions as your safe space to share whatever is on your mind. Together, we'll tackle your challenges, strategize solutions and come up with a game plan. We'll also work on helping you develop new habits, skills, and mindsets based on your goals.

## Access to Additional Resources



Get free access to The Modern Manager which includes dozens of workbooks and guides to common management topics, 100+ special offers from experts, access to the member's only Slack community to ask questions and learn from other managers, and discounts on my other offers.

# WHAT CLIENTS SAY

As a small-business owner who manages teams, **investing in Mamie is a life and sanity saver.** Over the last two years, her guidance and support helped me transition back to the office from maternity leave, survive a major budget hit and all of the day-to-day struggles you face as a business owner. **She's a gifted listener, sees the big picture and recommends the perfect resources for continued education.** On a personal note, she's a joy and instantly feels like a friend. Do something good for yourself and your business, hire her!

--- Dyan Dolfi-Offutt  
Owner, Soda Pop Public Relations

**Mamie has completely changed the way I manage my company!** I can't say enough good things about her. She is a problem-solver who helps me break complex challenges down to manageable, actionable pieces and is always guided by an ethical point of view that makes me feel like I am being my "best self." She helped me understand that being a rockstar manager isn't just about being nice and supportive--it's about building a team who will be excited to contribute and make the organization stronger in the process. **Whenever we have a problem, we ask WWMD? (What Would Mamie Do?)--she's our oracle, our guru, and our muse.** I'm convinced that she is THE BEST at her job and makes me better at my job as a result!

--- Joie Jager-Hyman  
Founder and President of College Prep 360/Co-Founder Hugo Mentors

# PRIVATE COACHING *options*

**MONTHLY**  
**\$1,000**

1 x 45-minute phone or video call per month

**BI-MONTHLY**  
**\$1800**

2 x 45-minute phone or video calls each month

**WEEKLY**  
**\$3,200**

1 x 45-minute phone or video call each week.

\*Employees of non-profit or government agencies get 20% off any coaching program.

## FAQs

How are the calls scheduled?

- You have the option of booking a recurring time or scheduling each session independently.

What happens if I need to reschedule a session?

- We're all busy so rescheduling is to be expected on occasion. If last minute cancellations become an issue, we'll have a conversation about whether now is the right time for you to be in a coaching program.

Do you send me notes or do I need to take notes?

- Most clients prefer to take notes themselves, but I also provide a brief recap along with any additional resources.

How do the sessions work?

- When first getting started, you'll have a little bit of homework. We'll then have a kick-off session to explore your assessment results, vision and goals. After that, sessions will be a mix of making progress on your goals and working through any topics you want to discuss.

What if I still have questions?

- I'd love to speak with you to answer any questions. Submit an application and at the end, you'll be able to schedule a time to talk.

To get started, submit an application at  
**[www.mamieks.com/start-coaching](http://www.mamieks.com/start-coaching)**